Dual Component Analysis for
In Vivo T2* Decay of Hyperpolarized
13C Metabolites

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Purpose: To investigate the exchange and redistribution of hyperpolarized 13C metabolites between different pools by temporally analyzing the relative fraction of dual T2* components of hyperpolarized 13C metabolites.

Materials and Methods: A dual exponential decay analysis of T2* is performed for [1-13C] pyruvate and [1-13C] lactate using nonspatially resolved dynamic 13C MR spectroscopy from mice brains with tumors (n = 3) and without (n = 4) tumors. The values of shorter and longer T2* components are explored when fitted from averaged spectrum and temporal variations of their fractions.

Results: The T2* values were not significantly different between the tumor and control groups, but the fraction of longer T2* [1-13C] lactate components was more than 10% in the tumor group over that of the controls (P < 0.1). The fraction of shorter T2* components of [1-13C] pyruvate showed an increasing tendency while that of the [1-13C] lactate was decreasing over time. The slopes of the changing fraction were steeper for the tumor group than the controls, especially for lactate (P < 0.01). In both pyruvate and lactate, the fraction of the shorter T2* component was always greater than the longer T2* component over time.

Conclusion: The exchange and redistribution of pyruvate and lactate between different pools was investigated by dual component analysis of the free induction decay signal from hyperpolarized 13C experiments. Tumor and control groups showed differences in their fractions rather than the values of longer and shorter T2* components. Fraction changing dynamics may provide an aspect for extravasation and membrane transport of pyruvate and lactate, and will be useful to determine the appropriate time window for acquisition of hyperpolarized 13C images.

Keywords: Hyperpolarized 13C; Metabolic imaging; T2* relaxation time; [1-13C] pyruvate; [1-13C] lactate

INTRODUCTION

The discovery of the rapid dissolution dynamic nuclear polarization (DNP) technique has enabled real time imaging to reveal the kinetics of 13C-labeled metabolites in vivo (1).
The most commonly used substrate in metabolic imaging to date is [1-13C] pyruvate, especially in tumor metabolism (2). Following injection of hyperpolarized [1-13C] pyruvate, increased [1-13C] lactate signal was observed by rapid exchange of 13C labeling between pyruvate and lactate (3) due to the high glycolytic rate of tumor characteristics (4). Intravenously injected [1-13C] pyruvate is assumed to be predominantly in the intravascular space while the lactate is presumed to be largely in the intracellular space where the label exchange in the reaction catalyzed by the enzyme lactate dehydrogenase occurs (5). And a very rapid interconversion between lactate and pyruvate in blood has also been reported (6). Furthermore, during the label exchange of pyruvate and lactate, there is redistribution of metabolites via membrane transport or extravasation (Fig. 1).

Previously, apparent in vivo T2 relaxation times of hyperpolarized [1-13C] pyruvate and its downstream metabolites with multiple components were reported in several studies, which were measured from whole slices using a spin echo based method (7, 8). These T2 data were acquired from a slice composed of various tissues including vasculature, which may explain the multiple T2 components. In a study with simultaneous acquisition of the free induction decay (FID) and the spin echo signal, the extravascular species have been reported to have longer T2 relaxation times than intravascular species (5).

Direct T2 measurement is limited by the irreversible nature of the hyperpolarized signal. Multiple spin echo sequences such as the CPMG (Carr-Purcell-Meiboom-Gill) pulse (9) used for typical T2 measurement cannot preserve the polarization after a single excitation. Therefore, the T2 value can only be measured for a specific time point during the dynamic metabolic conversion.

While T2 is a tissue intrinsic property for a certain metabolite, T2* is an apparent constant depending on the extra magnetic field inhomogeneity. Tissues having the same T2 can have different T2* due to the influence of surrounding susceptibility environment. However, T2* of a sample with multiple T2 components would also have multiple components with same relative fractions with that of T2 components. If the relative fractions of T2 components are from intravascular and extravascular pools, investigation T2* values with multiple components in time may be valuable to estimate the importance of extravasation or membrane transport on hyperpolarized 13C metabolic kinetics.

Therefore, this work focused on the relative fraction of multiple T2* components rather than T2, to explore the temporal variation of their fractions. Nonspatially resolved dynamic 13C magnetic resonance spectroscopy (MRS) of mouse brains was acquired at 9.4T and dual exponential decay analysis was performed for [1-13C] pyruvate and [1-13C] lactate signals extracted from acquired FID. The temporal change of the two components relative fractions was analyzed dynamically and the overall T2* values from the averaged spectrum were also examined.

**MATERIALS AND METHODS**

**Animal and Experimental Setup**
Experiments were performed using four female BalB/C nude mice with brain tumors and three healthy female BalB/C nude mice as controls. 2 x 10⁵ MDA-MB-231 human breast cancer cells were implanted stereotactically in the mice brains. In vivo dynamic 13C MR experiments were performed 3 weeks after intracranial injection. The mice
were anesthetized by isoflurane (1-3%) inhalation and body temperature was maintained at 37°C by a heating bed with circulating warm water during the scans. All procedures were approved by the local animal care and use committee.

For hyperpolarized 13C experiments, [1-13C] pyruvic acid (Cambridge Isotope, Tewksbury, MA, USA) doped with 15 mM Trityl radical OX-063 (Oxford instruments, Oxford, UK) and 1.5 mM Dotarem (Guerbet, Villepinte, France) was polarized via DNP technique using a HyperSense polarizer (Oxford Instruments, Oxford, UK). 3.8 mL of Tris/EDTA (trishydroxymethylaminomethane/ethylene diamine tetraacetic acid)-NaOH solution was used for dissolution, yielding a 75 mM solution of hyperpolarized [1-13C] pyruvate with a pH of 7.5. Each mouse was injected with 350μl of the dissolved solution through a tail vein catheter.

**MR Hardware and Pulse Sequence**

All experiments were performed on a 9.4T Bruker BioSpec 94/20 USR small animal imaging system (Bruker BioSpin MRI GmbH, Ettlingen, Germany) equipped with a 1H-13C dual-tune surface coil (20 mm diameter).

For anatomical information, high resolution T2 weighted turbo Rapid Acquisition with Refocused Echoes (RARE) 1H images on the axial (Fig. 2a: field of view, 2 cm × 2 cm; matrix size, 128 × 128; 25 slices with 0.5 mm slice thickness) and coronal plane (Fig. 2b: field of view, 2.4 cm × 1.6 cm; matrix size, 160 × 104; 40 slices with 0.5 mm slice thickness) were acquired. Iterative 1st order B0 shimming was performed locally over the mouse brain. The 13C transmit gain was calibrated prior to each animal experiment using 8 M [1-13C] urea syringe phantom placed near the mouse brain.

From the start of injection of hyperpolarized [1-13C] pyruvate, a 10 mm axial slice including the brain tumor was acquired using a pulse-and-acquire sequence with a 0.25 ms slice selective Hermite pulse and with a flip angle of 10°. A 6510 Hz bandwidth spectrum of 2048 points was acquired dynamically every second over a period of 128 seconds.

**Data Analysis**

The raw FID was apodized in time domain by multiplying a decaying exponential function with a time constant of 100 ms for noise reduction (Fig. 2c), and Fourier transformed to a spectral domain. Phased spectra of pyruvate and lactate were extracted by Gaussian window with full width at half maximum of 300 Hz (Fig. 2d). Inverse Fourier transform of the extracted spectra were used for T2* decay analysis of the metabolites (Fig. 2e). The decay curves were first fitted using the non-negative least squares (NNLS) method (10) and two T2* components were consistently observed for both [1-13C] pyruvate and [1-13C] lactate from most of the dynamic spectra. Based on this result, decay curves were fitted using a nonlinear curve fitting algorithm (11) with the following dual exponential signal model with DC bias A:

$$S(t) = C_1 \exp \left( -\frac{t}{T_{2*1}} \right) + C_2 \exp \left( -\frac{t}{T_{2*2}} \right) + A \tag{1}$$

where $T_{2*1}$ and $T_{2*2}$ are the apparent T2* variables, and $C_1$ and $C_2$ are the corresponding weighting factors.

Finally, the estimated T2* values were corrected with the apodization taken into account:

$$\frac{1}{T_{2* c}} = \frac{1}{T_{2* f}} - \frac{1}{100\text{ms}} \tag{2}$$

where $T_{2* c}$ is corrected estimation of $T_{2*}$ and $T_{2* f}$ is fitted $T_{2*}$ using Eq. [1].

Decay curves from the averaged spectrum were fitted to investigate the overall $T_{2*}$ values and curves from the spectrum of each single time point were fitted to analyze the tendency for temporal change of relative fractions. A five time point moving average was used to fit the [1-13C] lactate signal to assure sufficient signal to noise ratio (SNR) for fitting accuracy. The fitting interval was set to the time points that had reliable fitting results, meaning that the fittings did not diverge.

The data analysis was performed using MATLAB (R2012a, MathWorks, Natick, MA, USA).

**RESULTS**

**Averaged Spectrum Analysis**

Figure. 3 shows the $T_{2*}$ value results (Fig. 3a) and their relative fractions (Fig. 3b) from the averaged tumor and control group spectra. The $T_{2*}$ values and fraction of [1-13C] pyruvate from the average of all spectra in the fitting interval were $4.04 \pm 1.67$ ms (80 ± 3%) and $28.59 \pm 11.55$ ms (20 ± 3%) for tumor group ($n = 4$) and $3.19 \pm 0.95$ ms (85 ± 8%) and $26.45 \pm 6.16$ ms (15 ± 8%) for control group ($n = 3$). For [1-13C] lactate, the $T_{2*}$ values and the fraction of tumor group were $2.62 \pm 0.73$ ms (65 ± 9%) and 17.64...
**Fig. 2.** $^1$H T$_2$ weighted anatomical images on (a) axial and (b) coronal slices. The yellow box indicates the slice of excitation. (c) Time domain apodization with 100 ms decaying exponential, (d) 300 Hz Gaussian window in spectral domain, (e) extracted decay curves of lactate (enlarged) and pyruvate with its fitting line.
$\pm 3.25$ ms (33 ± 9%), and those of the control group were $2.65 \pm 1.42$ ms (78 ± 7%) and $17.80 \pm 3.02$ ms (22 ± 7%). The $T_2^*$ values were not significantly different between the tumor and control groups ($P = 0.8767$), but the mean value of the relative fraction of the longer $T_2^*$ lactate component was more than 10% greater in the tumor group than that of the controls ($P < 0.1$). On the other hand, the fractional difference of the $T_2^*$ components of pyruvate between the tumor and control groups had a $P$-value of 0.3198.

**Dynamic Spectra Analysis**

The inter-subject mean and standard deviation of $T_2^*$ values and their fractions are shown in a time course in Figure 4a and b, respectively. The time axis was matched by the start of injection and only data from overlapped fitting intervals were used. Throughout the studies, the fraction of the shorter $T_2^*$ [1-$^{13}$C] pyruvate component showed an increasing tendency, and that of [1-$^{13}$C] lactate decreased over time. The slopes of the changing fraction for lactate were steeper for the tumor group than the controls with significance of $P < 0.01$. For pyruvate, the temporal change of fraction showed a similar tendency with lactate, but the slopes were not significantly different between the tumor and control groups ($P = 0.1306$). In both pyruvate and lactate, the fraction of the shorter $T_2^*$ component was always greater than the longer $T_2^*$ component over the time frame.

Figure 4c represents the dynamic signals of [1-$^{13}$C] pyruvate and lactate, showing the total as well as the shorter and longer $T_2^*$ components of the tumor and control groups. Each dynamic curve was normalized by the maximum intensity of pyruvate signal.
Fig. 4. Temporal change of (a) $T_2^*$ values [1-^{13}C] pyruvate and lactate and (b) their relative fractions for the tumor (red) and control (blue) groups. (c) Dynamic signals of [1-^{13}C] pyruvate and lactate, showing the total, shorter and longer $T_2^*$ components of the tumor and control groups. Each dynamic curve was normalized by maximum pyruvate signal intensity. Mean and standard deviation of inter-subject signal are indicated. Injection started at $t = 0$. 
longer T$_2^*$ component of lactate signal was initially very small in both tumor and control groups. The total lactate signal was higher in the tumor group than the control group.

**DISCUSSION AND CONCLUSION**

A dual component assessment of in vivo T$_2^*$ decay of [1-13C] pyruvate and [1-13C] lactate and a temporal analysis of the relative fraction of the dual T$_2^*$ were presented. The overall T$_2^*$ values, which were not significantly different between the tumor and control groups, indicate that the T$_2^*$ of 13C metabolites are dominantly affected by the field inhomogeneity rather than the intrinsic T$_2$ value. However, the difference in relative fraction of the longer T$_2^*$ [1-13C] lactate component was more than 10% greater in the tumor group than the control with significance of P < 0.1. Assuming that the longer T$_2^*$ component, as in the case of the reported T$_2$ value (5), is from intracellular or extravascular species, this can be explained by elevated isotope exchange in the tumor due to the large endogenous lactate pool.

In dynamic spectra analysis, the FID acquisition time at each time point was 315 ms. However, the effective acquisition time was less than 100 ms since the FID signal length was limited to T$_2^*$. Given that the reported rate constants Kp values are rarely greater than 0.1 s$^{-1}$, this is sufficient time to capture the instantaneous amount of metabolite.

The fraction of the shorter T$_2^*$[1-13C] pyruvate component during the fitting interval was always greater than the longer T$_2^*$ component. Considering that spatially resolved chemical shift imaging results commonly show concentrated pyruvate signals in the blood vessel (12), this is also consistent with the assumption that the T$_2^*$ of intravascular species has a shorter value. The increase in the shorter T$_2^*$ pyruvate component fraction over time implies that the influx of injected pyruvate into the excitation slice is more dominant than the extravasation or cell uptake of pyruvate.

Meanwhile, the longer T$_2^*$ component of [1-13C] lactate signal was initially very small but increased in fraction as well as signal intensity over time. This reflects the newly generated 13C-labeled lactate signal in the intracellular space as a result of isotope exchange between pyruvate and endogenous lactate. It is presumed that the shorter T$_2^*$ [1-13C] lactate component signal having a large fraction from the beginning was from 13C-labeled lactate introduced from blood or other tissues outside the excitation slice. The total [1-13C] lactate signal was higher in the tumor group. Also, the increase of the longer T$_2^*$ lactate component fraction was steeper compared to the control. This is also consistent with the presumption that the longer T$_2^*$ component is from intracellular species in tumors that exhibit higher exchange rates than normal tissues.

We found that the fraction of T$_2^*$ lactate components was significantly different between the tumor and control groups for both averaged spectrum analysis and dynamic spectra analysis, while that of pyruvate did not have a statistically significant difference. This result may be due to the small sample size, or that the tumor used in the experiments was not perfused much, due to the lack of vascularization.

It might be premature to conclude that the longer and shorter T$_2^*$ components respectively come from the extravascular and intravascular species due to the limitations of a whole slice study. The data was composed of signals from other types of tissues and the tumor was only a small volume of the entire excitation slice (~3% of the brain volume in slice). In vivo experiments using a subcutaneous tumor model and/or surface coil with more localized sensitivity, or in vitro experiments with a cell line, might be needed for more precise evaluation of multiple T$_2^*$ components. Techniques used to investigate the exchange process, such as magnetization transfer, could also be helpful. This preliminary study suggests an analysis method to further investigate exchange and redistribution between different pools.

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